



Buckinghamshire
Council



Easy
Read

Short breaks for children and young people

What do you think?

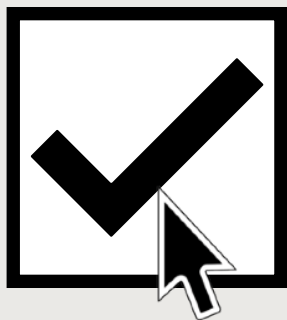


How to use this survey on a computer



You can complete this survey on your computer.

First you will need to download it.



Then open the survey on your computer.

You will be able to click or write in the boxes.

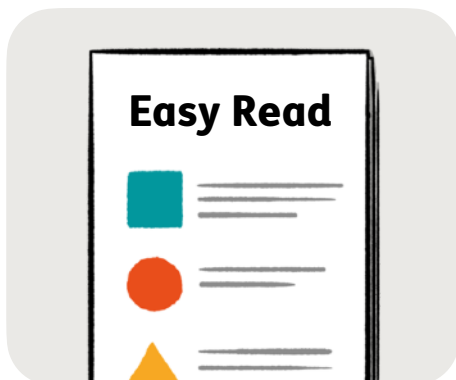


When you have finished the survey, save it to your computer.

Then email a copy to:

CYPMHDA-Feedback@Buckinghamshire.gov.uk

Easy Read

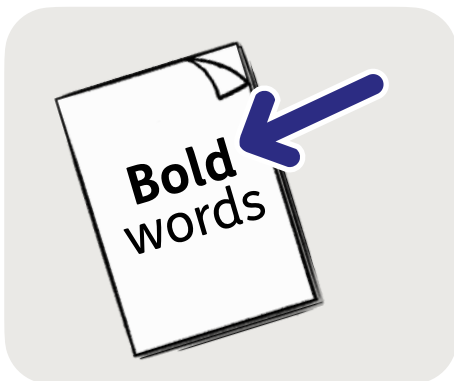


This is an Easy Read version of some information.

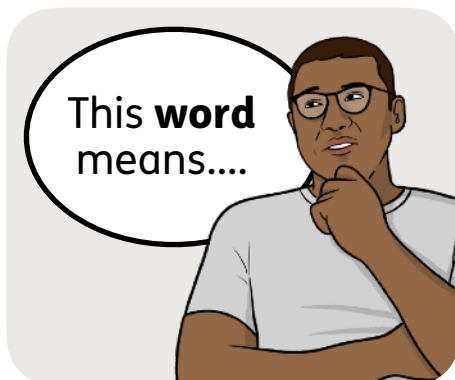
It uses easier words and pictures.



Some people may still want help to read it.



Some words are **bold** to show they are important.



We explain bold words if they are hard to understand.

What is in this survey

About this survey5

Who is the survey for?7

About short breaks in Buckinghamshire8

Survey questions13

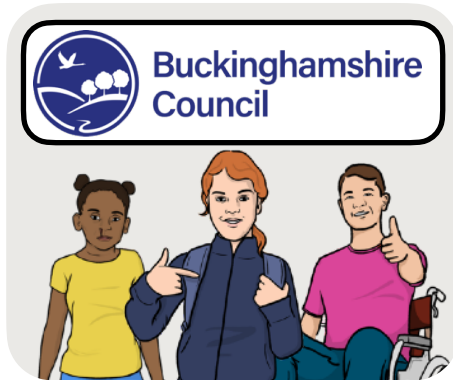
Send us your answers23

Want to speak to someone?24

What happens next25

Find out more27

About this survey



This survey is from
Buckinghamshire Council.

It is about our **short breaks** for
children and young people.



Short breaks are when you go to
spend time away from your family
in a safe place with activities to
do.



Short breaks can also give carers a
break from their caring role.

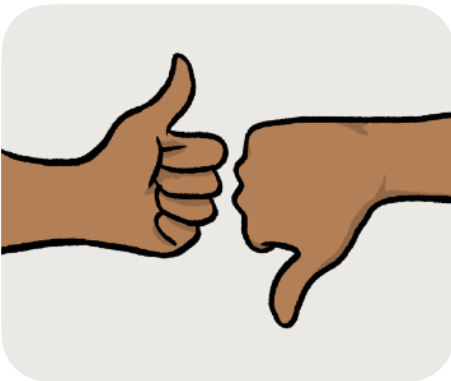


Please fill out this survey to tell us
what you think of our short breaks
for children and young people.

We made this survey to find out:



- How well do our short breaks support families now?



- What are we doing right, and what could we do better?



- What could we change to make short breaks better for children, young people and their families?

Who is the survey for?

Children and young people with SEND



This survey is for children and young people with **Special Educational Needs and Disabilities**, or **SEND** for short.

Children and young people with **SEND** are aged 0 to 25 and need extra support to learn and grow.

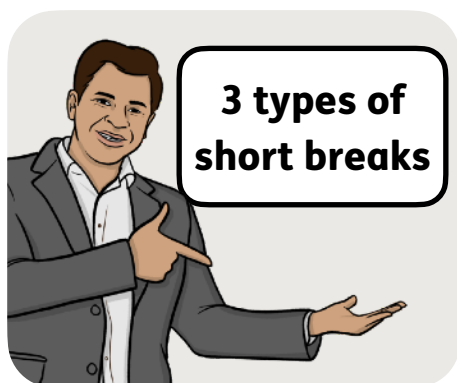


If you are under 13 years old, you should get support to fill out this survey.



You can still fill out this survey even if you have not taken part in our short breaks before.

About short breaks in Buckinghamshire



There are 3 types of short breaks for children and young people.

Community groups and activities

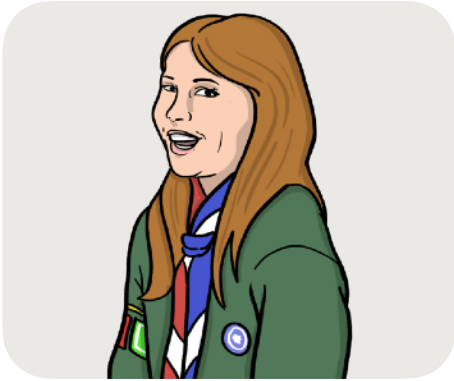


Community groups and activities are short breaks for all children and young people, not just those with disabilities.



Disabled children and young people may need support to take part in these short breaks.

Community groups and activities can include:



- Groups like football, Scouts and dancing.



- After-school clubs.



- Activity days for children and their families.

Targeted short breaks



Targeted short breaks are short breaks with extra support for disabled children and young people aged 0 to 19.



They include holiday clubs, sports clubs and other activities.



You can only use targeted short breaks if you need support to take part in community groups and activities.

Specialist short breaks



Specialist short breaks are short breaks for disabled children and young people who need lots of support.

Specialist short breaks can include:

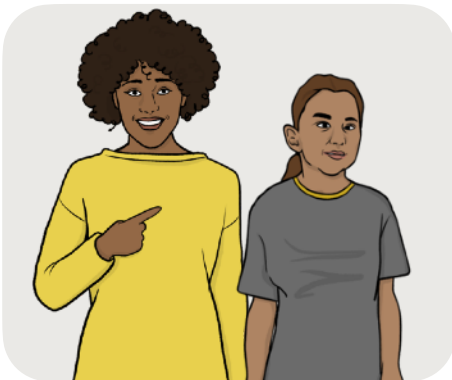


- Activities and groups in the daytime.



- **Residential overnight breaks** - this means staying somewhere safe and fun for 1 night or more.

Specialist short breaks can also include:



- **Fostering short breaks** - this means staying with a trained carer for a short time.



- Support in your home.



Buckinghamshire Council can give families money to pay for specialist short breaks.

This helps families arrange support in a way that works best for them.

Survey questions



Question 1: How old are you?

☐

Under 11 years old.

☐

11 to 15 years old.

☐

16 to 19 years old.

☐

20 years old or over.



Question 2: Have you ever taken part in the short breaks run by Buckinghamshire Council?

☐

Yes - go to page 16.

☐

No - go to page 14.



Question 3: If you have not taken part in any of our short breaks, please tell us why.

Tick all answers that apply.

☐

I did not know about the short breaks.

☐

I did not hear about any short breaks that I was interested in.

☐

I did not hear about any short breaks that would meet my needs.

☐

I was not allowed to take part in the short break that I was interested in.

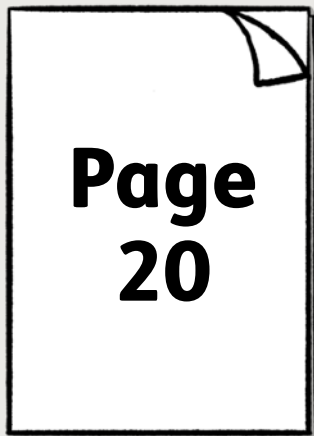
There are more answers on the next page.

☐

It is hard to take part in the short breaks.

☐

Another reason - please tell us:



The questions on the next page are for people who have taken part in our short breaks.

If you have not taken part in any short breaks, please go to page 20 of this booklet.



Question 4: Which types of short breaks have you taken part in?

☐

Community groups and activities, like Scouts or after-school clubs.

☐

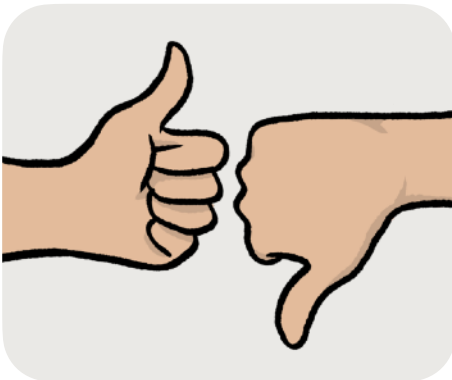
Targeted short breaks, like clubs and activities for disabled children and young people.

☐

Specialist short breaks, like overnight breaks, support at home or staying with a carer.



Question 5: Think about the activities you have taken part in at our short breaks.



How happy or unhappy do you feel about these activities?

Very
happy

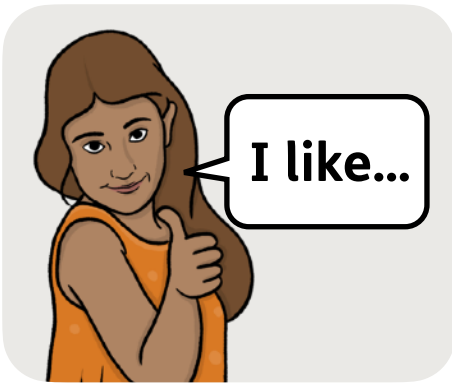
Happy

Neither
happy or
unhappy

Unhappy

Very
unhappy





Question 6: What do you like about short breaks?



Question 7: What do you **not** like about short breaks?



Question 8: Think about what your perfect short break would look like.

You could think about:



- What activities would you most like to take part in?



- Where would your perfect short break take place?



- When would the short break take place, and how often would you want to go to it?



Please tell us about your perfect short break here:



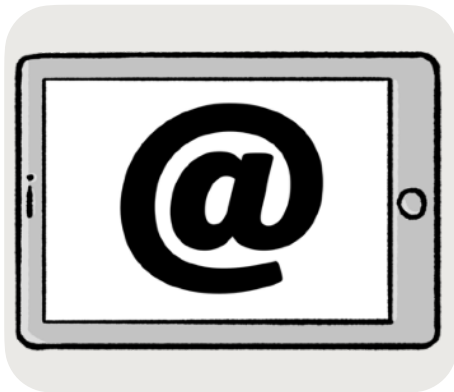
Question 9: Please write anything else you want to say about short breaks here:

Send us your answers



You must send us your answers by 11:59pm on 13 September 2026.

You can send your answers by:

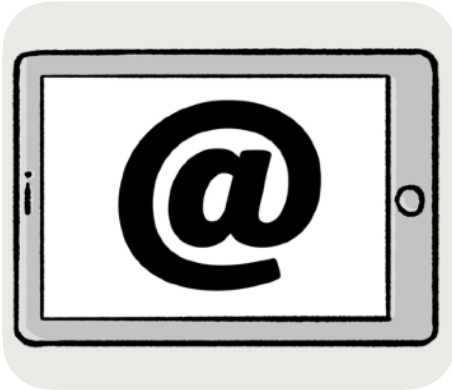


- Email:
CYPMHDA-Feedback@Buckinghamshire.gov.uk



- Post:
CYP Mental Health, Autism and Disabilities Team
5th Floor
Walton Street Offices
Walton Street
Aylesbury
HP20 1UA

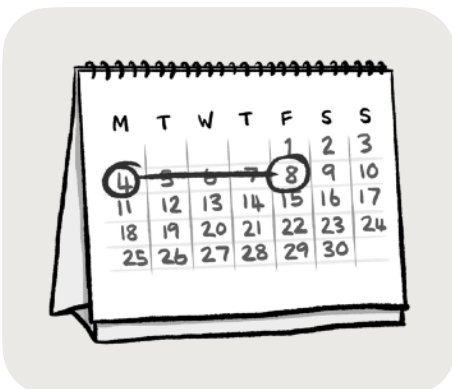
Want to speak to someone?



If you want to speak to someone, please email us and tell us your phone number.



One of our staff will call you.



This will happen within
3 working days.

Working days are Monday to Friday.

What happens next



We will read everyone's answers carefully.



This will help us understand what we could change to make our short breaks better.



Before we make any changes, we will run another survey to find out what people think about our ideas.



This will help us meet the needs of children and young people with SEND and their families and carers.

How we use your information



We will only use your survey answers to help us look into our short breaks.



We will follow the law to keep your information safe and private.



You can learn more about how we look after your information by visiting our website:

[https://
www.buckinghamshire.gov.uk/
your-council/privacy/privacy-policy](https://www.buckinghamshire.gov.uk/your-council/privacy/privacy-policy)

Find out more



You can look at our website here:

[https://
familyinfo.buckinghamshire.gov.uk
/send/short-breaks-children-and-
young-people-disabilities/](https://familyinfo.buckinghamshire.gov.uk/send/short-breaks-children-and-young-people-disabilities/)



What do you think about this Easy Read booklet?

Please fill in this survey to tell us what you think:

[www.easy-read-online.co.uk/easy-
read-feedback-survey](http://www.easy-read-online.co.uk/easy-read-feedback-survey)

This Easy Read booklet was produced by easy-read-online.co.uk
The booklet includes images licensed from Shutterstock.